



UNLOCK THE DOORS TO A HEALTHIER YOU

Support group talks about the key healing effects of juicing and colonic therapy

Autointoxication can be the cause of many symptoms of poor health in modern society and scientific studies show that cancer, among other ailments, could be prevented, or minimized, if fresh fruits and vegetables are consumed in ones diet and colon health is given higher priority.

WHAT:

The Center for Restorative Breast Surgery will offer a discussion on the healthfulness of juicing and the benefits of colon cleansing for overall better health, particularly while battling cancer, at its monthly **EnCourage** support group meeting. **Rebecca Bertetti**, owner of **Raw Beauty NOLA**, and **Deb Pettitt**, licensed RN and operator of **Uptown Colon Hydrotherapy** will talk about natural ways to achieve better health.

"Consuming fresh, raw vegetable and fruit juices is an incredibly beneficial way to boost the health and overall function and performance of your body," states Bertetti. Raw juices of fruits and vegetables are extremely rich in vitamins, minerals, trace elements, enzymes and natural sugars. They exercise beneficial effect in normalizing all the body functions. They supply needed elements for the body's own healing activity and cell regeneration, thereby speeding the recovery after breast cancer surgery. Bertetti will demonstrate best juicing practices and offer samples to guests.

Colon Hydrotherapy, the gentlest and most effective treatment for many illnesses and conditions, is especially useful in treating cancer patients. Colonics improve circulatory functions, and similar to juicing they stimulate the immune system, remove toxic waste, stimulate appetite, eliminate headaches, and boost energy. "Because Colon Hydrotherapy is so gentle, it is highly recommended for people with cancer," states Pettitt. "People with cancer may choose to undergo frequent Colon Hydrotherapy procedures to ensure that the colon's toxic burden is kept at a minimum while the body heals." A colonic flushes away what is left over, cleaning the body of waste and toxins that can build up and promote the growth of cancer cells.

WHEN:

Wednesday, September 9, 2009

WHERE:

New Orleans 5:30pm – 7:30pm (CST) *The Center for Restorative Breast Surgery, 1717 St. Charles Avenue*
To reserve space please call 504-899-2800 or email katie@breastcenter.com

WHO:

Rebecca Bertetti, Raw Beauty NOLA. The goal of Raw Beauty NOLA is to encourage a raw, living food diet, aimed at improving the internal and external health of clients. Each client is given a personalized regimen specifically designed to fit their needs and health goals. This includes juicing, detoxification and dietary supplements to rejuvenate the body.

Deb Pettitt, RN, BSN, CCRA trained at Washington University (WASHU)-Barnes Jewish Hospital in St. Louis and is licensed as an RN in the states of Missouri and Louisiana. Deb worked at WASHU as an inpatient critical care research nurse coordinator, and moved into clinical monitoring for the last 12 years. Deb started Uptown Colon Hydrotherapy in 2006 and has become an advocate for cancer patients who use alternative treatment modalities. She is currently working on her advanced practice degree in women's health.

The Center for Restorative Breast Surgery founded by Frank J. DellaCroce, M.D., FACS and Scott K. Sullivan, M.D., FACS, was established to serve as a dedicated resource for women seeking the most advanced methods of breast reconstruction utilizing the body's own tissue. Drs. DellaCroce and Sullivan specialize exclusively in state-of-the-art techniques (DIEP, SIEA and GAP flap procedures) that allow for breast reconstruction without sacrifice of important functional muscles.

HOW:

To find our more information about **EnCourage** Support Groups please contact Katie at 504-899-2800 or Encourage@breastcenter.com. **EnCourage** Support Group Meetings take place at the Center for Restorative Breast Surgery every second Wednesday of the month. The meetings are free and open to the public, although reservations are required, as space is limited.